

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Tlou Mokwatedi**

Has successfully participated & completed the

**13km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 02:43:02**

**PACE 12:31/km**

**GENDER 62 of 70**

**OVERALL 141 of 149**

**OPEN 25 of 27**

23 June 2019, Sun

Date



*BoutTime*

Signature

